Date

Saturday, May 20, 2023 at 10 AM

Location

Ellensburg High School Auxiliary Gym

1203 E Capitol Avenue

Ellensburg, WA USA

Participants

Open to All Styles and Competitors

Competition

Semi-Contact Kumite | Youths

Requirements

Youth competitors must be below 18 years of age. Informed consent and release from liability must be electronically signed by youth parents or legal guardians via tournament <u>early registration</u> (7 days or more prior to event) or <u>late registration</u> (7 days or less prior to event). Individuals who do not have official confirmation of a signed and approved waiver will not be allowed to compete.

Equipment

All youth kumite competitors are required to wear shin guards, padded gloves, and head gear. No body shielding is allowed. Competitors will provide their own gloves and shin pads. Tournament officials will provide professional-grade protective head gear in medium, large, and extra-large sizes.

All protective equipment is subject to approval by tournament officials. Youth competitors **may be required** to use tournament-provided gloves in place of personal equipment to ensure padding comparability and competitive fairness. No exceptions will be allowed for unapproved equipment. All equipment decisions by tournament officials are final. Tournament officials will not tolerate arguments about equipment decisions.

All youth kumite competitors are encouraged to wear athletic cup groin protectors.

Procedures

Competitors will follow legal techniques as specified by tournament officials prior to start of matches. Illegal techniques, including padded strikes to the face, groin, or back, or as specified by tournament officials, will result in *chui ichi*, an official warning. Two chui ichi warnings will result in *genten ichi*, an

official half-point penalty. Intentional use of illegal techniques or faking injury may result in tournament expulsion.

Match rounds will be **2 minutes** in duration. If no winner is determined after the first round, up to 2 extension rounds of 2 minutes each may follow. Unresolved matches will be awarded to the competitor who is at least 5 pounds lighter in weight.

Match winners will be determined by whomever gains *ippon*, or full point, first. This may be accomplished in multiple ways, including 2 *wazari*, or half points, while considering the competitor who most controls the match through skill and perseverance while considering possible genten penalties. Head kicks that land cleanly will automatically be considered wazari or higher, depending on circumstances. Techniques that cause an opponent to noticeably pause or break their will to fight for less than 3 seconds will be awarded a wazari half point. Techniques that stop an opponent for 3 seconds will be awarded ippon and a technical knockout.

Competitor safety will be maintained at all times. Competitors should always maintain their guard until the referee indicates to do otherwise. If a competitor loses their will to fight or the match is lopsided to where an unduly high risk of injury exists, tournament officials reserve the right to call a match at any time. Tournament officials will not tolerate arguments about safety decisions.

Divisions

Youth division matches will be based on weight, height, age, rank, experience, and dojo. Every attempt will be made to equitably and fairly pair competitors, particularly for the first round. Tournament officials will not tolerate arguments about suitability of matches or match outcomes.

Exact divisions will be based on actual attendance day of the tournament. When necessary, youth divisions may be collapsed based on attending participants. Example divisions, which are used as a **general guide only** and are **subject to change** day of competition, include:

Youth

Youth I: Below 50 lbs
Youth II: 51-60 lbs
Youth III: 61-80 lbs
Youth IV: 81-100 lbs
Youth V: Above 100 lbs

Full Contact Kumite | Adults

Requirements

Adult competitors must be 18 years of age and above. Informed consent and release from liability must be electronically signed by each individual via tournament <u>early registration</u> (7 days or more prior to event) or <u>late registration</u> (7 days or less prior to event). Individuals who do not have official confirmation of a signed and approved waiver will not be allowed to compete.

Equipment

All adult kumite competitors must compete without shin guards, gloves, or head gear, consistent with international Kyokushin rules and procedures. No body shielding is allowed. Athletic tape wrapping of wrists, ankles, or other body parts is not permitted. Some compression braces may be allowed pending review and approval by tournament officials. Hard braces are disallowed.

All adult kumite competitors are encouraged to wear athletic cup groin protectors. Women competitors may wear padded fabric chest protectors that contain no hard or excessively rigid materials.

No exceptions will be allowed for unapproved equipment. Tournament officials will not tolerate arguments about equipment decisions.

Procedures

Competitors will follow legal techniques as specified by tournament officials prior to start of matches. Illegal techniques, including bare hand strikes to the face, groin, or back, or as specified by tournament officials, will result in *chui ichi*, an official warning. Two chui ichi warnings will result in *genten ichi*, an official half-point penalty. Intentional use of illegal techniques or faking injury may result in tournament expulsion.

Matches will be **2 minutes** in duration. If no winner is determined after the first round, up to 2 extension rounds of 2 minutes each may follow. Unresolved matches will be awarded to the competitor who is at least 10 pounds lighter in weight.

Match winners will be determined by whomever gains *ippon*, or full point, first. This may be accomplished in multiple ways, including 2 *wazari*, or half points, while considering the competitor who most controls the match through skill and perseverance while considering possible genten penalties. Techniques that land cleanly and cause an opponent to noticeably pause or break their will to continue for less than 3 seconds will be awarded a wazari half point, depending on circumstances. Techniques that stop an opponent for 3 seconds will be awarded ippon and a technical knockout.

Competitor safety will be maintained at all times. Competitors should always maintain their guard until the referee indicates to do otherwise. If a competitor loses their will to fight or the match is lopsided to where an unduly high risk of injury exists, tournament officials reserve the right to call a match at any time. Tournament officials will not tolerate arguments about safety decisions.

Divisions

Adult divisions matches will be based on weight, height, age, rank, experience, and dojo. Every attempt will be made to equitably and fairly pair competitors, particularly for the first round.

Exact divisions will be based on actual attendance the day of the tournament. Historical divisions, which are used as a general guide only and are subject to change day of competition, include:

Female

Lightweight: Below 130 lbs

Middleweight: 130-149 lbsHeavyweight: 150-169 lbs

Super heavyweight: Above 170 lbs

Male

Lightweight: Below 150 lbs
Middleweight: 150-169 lbs
Light heavyweight: 170-199 lbs
Heavyweight: 200-219 lbs

Super heavyweight: Above 220 lbs

Kata Division for Youths and Adults

Requirements

All kata competitors must professionally present themselves to judges prior to demonstration with clean, dojo approved uniforms.

Equipment

All competitors who choose to demonstrate weapons kata must provide their own equipment.

Procedures

Competitors will initially present themselves to a judge panel by speaking their name, dojo affiliation, kata to be performed, and requesting permission to begin their demonstration. Competitors will then commence their demonstration.

Judges will independently score kata based on technical proficiency, speed, power, and spirit. Scores will use a fractional scale of 0-10 (e.g., 8.4) and be presented to competitors following each demonstration.

Competitors will perform a single kata of their choice. If subsequent kata are required, competitors may perform the same or a different kata, at their discretion.

Kata divisions will use a bracket system whereby competitors repeatedly perform the same or different kata across multiple rounds, with superior performance advancing to subsequent rounds until a champion is determined. Round progression and award ranking is based on numerical scores, with highest number indicating best performance.

Divisions

Exact divisions will be based on actual attendance the day of the tournament. Historical divisions, which are used as a general guide only and are subject to change day of competition, include:

- Youth
- Female
- Male

Awards

Custom medals will be awarded for first, second, and third place finishes. Special awards will be given to the competitor(s) who exemplify Kyokushin spirit through perseverance, grace, and humility.

Registration

All registration is online and open now. Liability waivers **must be signed by every participant** and approved by tournament officials to be cleared to compete. Payment is taken at time of registration.

Full registration details, including invitation, requirements, and divisions, are available at the Central Kyokushin Karate website. Once there, navigate to Programs/Events.

Early Registration (at least 7 days prior to event) | Click to Register

• \$40/division; \$50 combined 2 events (e.g., kumite and kata)

Late Registration (7 days or less prior to event) | Click to Register

• \$50/division; \$60 combined 2 events (e.g., kumite and kata)

Apparel

Tournament t-shirts and sweatshirts are available for preorder online and will be shipped directly to the address of your choice. Be sure to order early to receive them prior to the tournament.

To order, go to the Ultimate Truth LLC website and navigate to Shop/Tournament. T-shirts and sweatshirts are available in black, white, and red colors.

Event Schedule

Schedule is provided as a general guide and will change based on activities the day of tournament.

Check In and Late Registration

- 8:30-9:30 AM in Ellensburg High School Foyer
- All competitors and guest must check in with the front desk prior to entering the venue.

Finalization of Divisions and Bracket Review

- 9:30-10:00 AM in Ellensburg High School Foyer
- Tournament officials form official divisions and brackets based on competitor attendance.

Competitor Lineup

- 10:00-10:20 AM in Ellensburg High School Foyer
- Tournament officials direct competitors to line up by increasing height.

Official Welcome

- 10:20-10:30 AM in Auxiliary Gym
- Tournament host welcomes all competitors, dojos, and community members. Orients to facilities, concessions, and tournament apparel.

Rules and Regulations

- 10:30-10:45 AM in Auxiliary Gym
- Referees review all legal and illegal techniques, procedures, and behavioral expectations.

Youth Kumite Initial Matches

- 10:45-11:30 AM in Auxiliary Gym
- Youth matches commence and continue through initial rounds.

Adult Kumite Initial Matches

- 11:30 AM-12:15 PM in Auxiliary Gym
- Adult matches commence for females and males commence and continue through initial rounds.

Kata Competition

- 12:15-1:00 PM in Auxiliary Gym
- Kata rounds commence for youth and adult. Rounds cycle through youth and adults until final brackets are determined. Kata competitors proceed until first, second, and third place finishes are determined.

Youth Kumite Final Matches

- 1:00-1:30 PM in Auxiliary Gym
- Youth finals progress to determine first, second, and third place finishes.

Adult Kumite Final Matches

- 1:30-2:00 PM in Auxiliary Gym
- Adult finals progress to determine first, second, and third place finishes.

Presentation of Awards

- 2:00-2:20 PM in Auxiliary Gym
- Awards presented to first, second, and third place finishers as well as spirit award.

Contact

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